



# Co-Cathedral of Saint Theresa of the Child Jesus

Corpus Christi Sunday | June 18, 2017

MISSION: We the people of the Co-Cathedral of St. Theresa of the Child Jesus, seek to be an example of the presence of God through our Christian Catholic worship, education, service and stewardship of all God's gifts.

We celebrate our diversity of age, culture, language, and view points as a sign of God's all powerful and ever-present love in our community of faith. We strive to witness the gospel of Jesus Christ to evangelize and to respond in love, as well as compassion to our community in Honolulu, to be a welcoming place to all who seek the grace, fellowship, and love of God.

## Clergy Team

Pastor Fr. Gregorio Honorio Jr.  
In-Residence Fr. Sydney Fernandes  
Deacon Francis Leasiolagi  
VHM Chaplain Fr. Dominic Nguyen  
VHM Deacon Anthony Nguyen

## Schedule of Masses

Sunday 6:15am, 8:00am  
10:30am, 6:00pm  
Saturday Vigil 5:00pm  
Mondays - Thursdays 6:30am  
Fridays & Saturdays 8:00am  
Vietnamese Masses  
Sunday 3:30pm  
Saturday Vigil 7:00pm  
Mon, Tues, Thurs 5:30pm

## Sacrament of Reconciliation

Wednesdays 6:15pm-7:00pm

## Eucharistic Adoration

Exposition  
Wednesdays 6:15pm-7:00pm  
Adoration Chapel  
Everyday 6:00am-10:30pm

## Co-Cathedral Office

Monday-Friday 8:00am-12:00pm  
1:00pm-4:30pm  
Saturdays 8:30am-12:00pm  
Sundays Closed  
Phone 808-521-1700  
Fax 808-599-3629  
E-mail [office@cocathedral.org](mailto:office@cocathedral.org)  
Website [www.cocathedral.org](http://www.cocathedral.org)  
Address 712 North School St.  
Honolulu, HI 96817

## Saint Theresa School

School Principal  
Sr. John Joseph Gilligan, CSJ  
Phone 808-536-4703  
Website [www.sts-hi.org](http://www.sts-hi.org)

## THE MOST HOLY BODY AND BLOOD OF CHRIST



*Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day.*  
- John 6:54

### Solemnity of the Body and Blood of Christ

As a community of believers, we celebrate the Real Presence of the Risen Christ – the body and blood, soul and divinity – in the sacrament of the Eucharist. Our Catholic faith declares: “By the consecration of the bread and wine there takes place a change of the whole substance of the bread into the substance of the body of Christ our Lord and of the whole substance of the wine into the substance of his blood” (cf. Catechism of the Catholic Church, n. 1376).

On this day, we meditatively focus our attention on the goodness and kindness of God in providing sustenance for his people. The Lord God fed the Israelites journeying in the wilderness to the Promised Land with “manna” from heaven. Now he continues to nourish and feed, in a marvelously unique way, the Church – the new people of God – the bread of life, Jesus Christ the risen and glorified Lord, through the Eucharistic sacrament of his body and blood.

How can we prepare ourselves to receive this greatest gift? To be always in the state of grace. Reception of this sacrament requires that we do not have mortal sins. Mortal sins kill the life of God that we have receive in baptism. No matter how many times we receive communion, if our soul is not in the state of grace, we do not benefit from it at all. The Sacrament of Reconciliation can restore our disposition to receive Jesus worthily in communion. “The Eucharist is not ordered to the forgiveness of mortal sins – that is proper to the sacrament of Reconciliation. The Eucharist is properly the sacrament of those who are in full communion with the Church” (cf. Catechism of the Catholic Church, n. 1395).

The fruit of Eucharistic communion is to be united more closely to Christ. In communion Jesus becomes part of our life, “we become what we eat.” We then become the reflection of the work of our Lord who heals, forgives, brings wholeness to all; ready to be “broken” and to be of service to others.

As we journey through life Jesus wants to journey with us. As we reach out to others we become aware that the Lord reached out to us first, animating, strengthening, forgiving, healing and loving us, and giving us food that sustains until we reach eternal life. Amen.

**Happy Father's Day to all Fathers. May St. Joseph intercede for you. May the love of Mary, Our Mother embrace you. May the Body and Blood of Christ fill you with his love.**

**Fr. Greg Honorio, Jr.**

**M** O N D A Y  
June 19<sup>th</sup>

**2 Cor 6:1-10/Mt 5:38-42**  
**Saint Romuald, Abbo**

6:30a - Mass  
5:30p - VHM Mass  
6:00p - Choir Practice **PH**

**T** U E S D A Y  
June 20<sup>th</sup>

**2 Cor 8:1-9/Mt 5:43-48**

6:30a - Mass  
5:30p - VHM Mass  
6:30p - Young Adult Ministry **PC**

**W** E D N E S D A Y  
June 21<sup>st</sup>

**2 Cor 9:6-11/Mt 6:1-6, 16-18**  
**Saint Aloysius Gonzaga, Religious**

6:30a - Mass  
10:00a - Funeral Mass  
4:00p - EMHC Coordinator Mtg **CR**  
6:00p - OLPH Novena  
6:15p - Exposition of Blessed Sacrament and Confession

**T** H U R S D A Y  
June 22<sup>nd</sup>

**2 Cor 11:1-11/Mt 6:7-15**  
**Saint Paulinus of Nola, Bishop; Saints John Fisher, Bishop, and Thomas More, Martyrs**

6:30a - Mass  
5:30p - VHM Mass

**F** R I D A Y  
June 23<sup>rd</sup>

**Dt 7:6-11/1 Jn 4:7-16/Mt 11:25-30**  
**THE MOST SACRED HEART OF JESUS**

8:00a - Mass  
11:00a - Funeral Mass  
3:00p - Wedding Rehearsal  
6:00p - Hospitality Ministry Mtg  
6:30p - HCCRS Prayer Mtg **DH**

**S** A T U R D A Y  
June 24<sup>th</sup>

**Is 49:1-6/Acts 13:22-26/Lk 1:57-66, 80**  
**THE NATIVITY OF SAINT JOHN THE BAPTIST**

8:00a - Mass  
11:00a - Funeral Mass  
1:00p - Wedding  
5:00p - Vigil Mass  
7:00p - VHM Vigil Mass

**S** U N D A Y  
June 25<sup>th</sup>

**Jer 20:10-13/Rom 5:12-15**  
**Mt 10:26-33**

6:15a - Mass  
8:00a - Mass  
10:30a - Mass  
11:45a - Baptism  
3:30p - VHM Mass  
6:00p - Mass

**Funeral**

Reverend Henry Sabog 6/21  
Liberio Cadiz 6/23  
Genaro Esguerra 6/24

**Wedding**

Semo Sila and Carly Calhoon

ST. THERESA THIS WEEK  
Saint Theresa School

S Sacristy  
PC Pastoral Center  
PH Parish Hall  
R Rectory  
VHM Vietnamese Holy Martyrs  
FWR Faculty Work Room  
STS

**INSIDE STORIES**

**Peaceful Refuge**

Ho'omaluhia Botanical Gardens live up to its name which means "Peaceful refuge" as it provided the Co-Cathedral of St. Theresa staff and friends, a much-needed time of peace and quiet. Led by Fr. Greg, the whole crew tracked the scenic trails of the garden for an hour with quick stops to enjoy the group and paddling of ducks at the lake, picture taking with breath-taking views, appreciating the plants and foliage, learning about historic points or taking shelter from the pouring rain. Rain or shine, everyone enjoyed a time of soul-nourishing fellowship.



Where is Fr. Greg?



**FAITH FORMATION**

**Enroll now!**

**Religious Education**

**New Students** registration is on-going. Please pick up a registration form available at the side tables inside the church or register on-line at [www.cocathedral.org/re](http://www.cocathedral.org/re). For more information, contact the church office.

**Returning Students** can register at the Parish Hall from 7am to 12pm on Sundays, beginning **July 16** or at the church office from 8a to 4:30p, Monday to Friday. Please bring your class cards with you.

**Adult Confirmation**

To all those who are interested in receiving the Sacrament of Confirmation, please contact our office on how to register for the upcoming Adult Confirmation Classes in August.

**Validation of Marriage**

Calling all civilly married couples who are interested in validating their marriage to the Catholic church, please contact our office for more information.

**Interested to be a catechist?**

Contact our church office or see Sr. Mercy Estrella for more information on how to join the Faith Formation team.





# GOOD TIMES WITH DAD

Parishioners of Co-Cathedral of St. Theresa share their fondest memory of their father.

*"My father is always out to help others. His life is spent taking care of the concerns of the community, day and night. My most memorable moment I had with my father is when I heard him say to his friends that he is so proud to have a daughter who is a nun, considering he refused to talk to me for 3 years when I entered the convent. His words became an affirmation of my chosen path and a source of strength to move on when things are tough."* ~**Sr. Mercedita Estrella, SPC**, Dir. of Religious Education to father, **Wilfredo Estrella, Sr.**

*"I will never forget how my dad taught me how to ride my skateboards and how my brother enjoyed when our dad took us to watch the 4<sup>th</sup> of July fireworks."* ~**Arienne Moses**, Lector and **Ethan Moses**, STS Student to father **Chris Moses**.

*"My best memory of my dad was his being a disciplinarian. He doesn't have to say anything, just by his looks you already know what it means. He has his own way of showing his love and respect to his kids. I love my dad so much."* ~**Gloria Butac**, Sacristan and EMHC member to father **Bibiano Ulangca (deceased)**.

*"We were poor growing up and at the age of 8, I already know that we don't have the means to buy toys. One day, my dad saw me eyeing a bag of toy soldiers. He told me to get it but I was hesitant, then he showed me some money and told me it's okay to buy it. I was so happy that day."* ~ **Anthony Navor**, Facilities Manager to father **Emiliano Navor (deceased)**.

*"I remember when I was a little girl, my dad used to carry me on his shoulders. Being so high up made me really feel that I was that much bigger in the world. Having my dad do that made me feel as if I was never that small. I felt like I could conquer the world while he held me up. Even until now, my dad still supports me in that regard and makes me feel just as important."* ~**Kristen Butac**, Finance Council member and STS Alumni to father **Orie Butac**.

*"My dad was probably the most patient man I ever knew my whole entire life. He and his wife, Josephine, my dearest mom adopted me and raised me to who I am today. He was my go to person in my times of life's challenges and lowest moments of growing up. When mom said no to skateboards, skates, bikes, baseball, bats, gloves, and a softball dad would go out of his way to bring home those items! I miss my dad and there is no other!"* ~**Bernie Gora**, STS Principal and Music Director to father **Juan Blas Castro (deceased)**.

*"When I was younger, I used to chase my dad's car whenever he would leave the house to go somewhere."* ~ **Tyler Castro**, Altar Server Coordinator and Youth Core Team member to father **Amante Castro, Jr.**

*"My father is a good provider, no vices and one woman man. I love when he called me Che. When I moved to Hawaii in 1993, he showed me how to catch the bus, he'd take me to Downtown to have lunch with him. When he was still alive, he told my sister in the Philippines, to call me for anything she needs, and now they do."* ~**Cecilia Morita**, EMHC member to father **Artemio Pacis (deceased)**.

*"I enjoyed watching my dad draw, paint or any artistic project he was doing. It definitely inspired me to be artistic as well. We both love to joke around and laugh. He always brags about me and my talents to his friends. My dad is my #1 fan. I love you papa!"* ~**April Moses**, Administrative Assistant to father **Wilfredo Viggayan, Jr.**

*"My dad is a retired US Army Reservist and he was always loyal to our country. He would make the efforts to participate in patriotic events that are held year-round such as parades, memorials, etc. (He even installed a flag pole in our front yard). At a military installation on a 4<sup>th</sup> of July event, right after the crowd finished singing the national anthem, I turned to him and gave him an honorary salute. He gazed back at me in shock with big eyes for a few seconds and then*

*hunched forward to give me a big hug. It felt like a precious moment. That was one of the fond moments I have of my dad.* ~**Oswald Bumanglag**, Communications Coordinator to father **Rogelio B. Bumanglag, Sr.**

*"We have so many fond memories with our dad from all the family trips that he took us to. Thank you for all the you do Dad!"* ~**Colby Lau**, Altar Server and STS Alumni to father **Martin Lau**.

*"Although I was only 2 when he passed away, my mom said that in order to avoid going out to drink with friends, he would always take me and carry me wherever he goes."* ~**Delia Bernal**, Staff and EMHC member to father **Calixtrato Bernal (deceased)**.

*"My father means a lot to me. He provides physical, emotional and mental support to my whole family, even the ones in the Philippines. He is the PAPA of our clan. He never turned his back on me or left me even though I have a family of my own, most especially when I was weak or when I was going through some hardship. He always reminds me that "We are one family and I will help you will all my soul". Our papa is one great man. He is our hero. We love him so much and no other dad can live up to him in our family history."* ~**Rosemarie Iglesia**, RE parent and parishioner to father **Cesar Tubballi**.

*"I have a cool dad, I'd like to say that I used to get away with a lot of things back (laughed) but really my dad is a very understanding father. He worked very hard to be a good provider to our family."*

~**Janet Lau**, Liturgical Environment member to father **Delfin Rivera**.

*"My dad was very outgoing. I maybe the only girl out of seven, but my dad would take me motor riding and fishing. We had so much fun."* ~**Cora Cabantangan**, Liturgical Environment member to father **Bernardo Andres (deceased)**.

**What about you? What's your most memorable moment with your dad? Share it.**

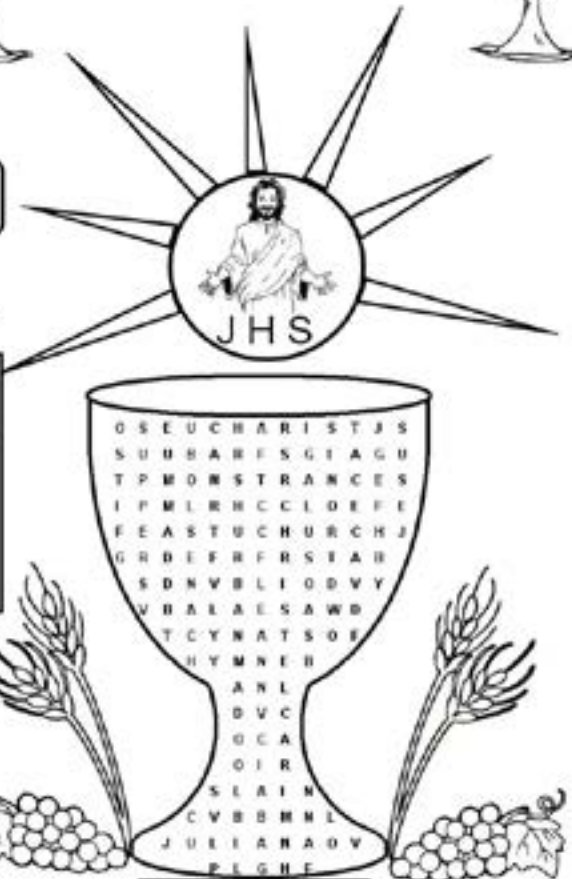
# KIDS CORNER

Corpus Christi



Find the hidden words

- Body
- Feast
- Church
- Eucharist
- Supper (ant)
- Blood
- Jesus
- Juliana
- Christ
- Urban(V)
- Miracle
- Duberna
- Hymn
- Memorance



## Advice for Fathers by JAMES STENSON

Sometimes negative guidelines are at least as helpful as positive ones, often more so. It's often useful for a father to know what not to do that is, what to avoid in a complicated family situation. Here are some bits of hard-earned fatherly wisdom....

- Don't neglect your wife. She needs what we all need: understanding, affection, gratitude, support, and appreciation. Pay attention. Listen to her opinion, help her out, tell her she's great, hug and kiss her from time to time all this goes a long way.
- Don't treat teenagers like large children. Think of them, and treat them, as near-adults. Pull them up, fine-tune their consciences, welcome them to adult reality.
- Don't miss small opportunities to talk with your kids. Make the time, and never forget you haven't much of it left for your kids will grow up with incredible swiftness.
- Don't forget to praise your children, and be specific about it. Kids need a pat on the back from time to time. We all do. Give praise for effort, not just success.
- Come down to your children's level. Kids are kids, and you have to come down to their level to take them by the hand. But your long-term goal is to bring them up to your own level to lead them, patiently over time, to think and act like mature grown-ups.

*Adopted from <http://www.catholiceducation.org/en/marriage-and-family/parenting/advice-for-fathers.html>*



I love my dad because

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I like when my dad \_\_\_\_\_

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Our favorite thing to do together is \_\_\_\_\_

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Looking for a volunteer opportunity this summer?

### ANNUAL PARISH CLEAN-UP DAY

July 1, 2017 FROM 9AM TO 12PM

at the

Co-Cathedral of St. Theresa community

*Your help and time is needed.  
Join us for a time of teamwork,  
solidarity and fellowship.*

*Sign-up now to volunteer!*





**A STEWARDSHIP MOMENT** BY THE INTERNATIONAL CATHOLIC STEWARDSHIP COUNCIL

**Solemnity of the Most Holy Body and Blood of Christ**

June 18, 2017

Among the compelling Eucharistic themes proclaimed in today's readings is the notion of "participation" as found in Saint Paul's letter to the Corinthians. *Good stewards are part of a Eucharistic family: loving, welcoming, serving.*

An important part of living as a steward comes about in the many ways we can participate in the life of the Church. No matter how much time we have to give, no matter what our skills or interests, no matter what our level of commitment, **there is a way to participate as a good steward to enrich our lives and the lives of others to build up the Body of Christ.** *How do you participate in the life of your parish?*

**S O C I A L M I N I S T R Y**



This weekend is our Hunger Awareness Sunday. Our Social Ministry collects approximately 500 pounds of non-perishable food items. Our Parish volunteers package about 30 - 35 bags of groceries each month from your generous contributions. For the past months, we have distributed around 30 - 35 bags of groceries to our brothers and sisters (majority of them are elderly) who are in need.

Many of our households live paycheck to paycheck coming up short by \$320 each month. Most parents have second and third jobs. Our kupuna and the disabled, those on fixed income are finding it ever more difficult to make ends meet. Through your generosity we are able to help those who cannot get out to shop and are using their

income to pay rent or medical bills.

**Do you want to help more?** We will be **sorting and bagging the food donations on Thursday, June 22, at 6:00 – 7:30pm at the Pastoral Center.** We need volunteers to help us. We hope you can help. Please call the parish office at 521-1700 if you plan to come.

We thank you for your generosity and continued support. Let us continue to be good stewards of God's blessings.



**WANT TO STAY FIT AND HEALTHY?**

Come join our Zumba classes in the Parish Hall on Friday, June 23 at 6:30 pm. Your donation is appreciated to help us defray expenses.

For more details, please call the parish office at 521-1700 in the afternoon.

**OFFERINGS OF JUNE 5 - 11, 2017**

Sunday Mass Offering	\$ 7,433.81	Repairs and Maintenance	\$ 2,737.00
Mass Intentions	\$ 221.00	Father's Day	\$ 783.00
Baptisms	\$ 175.00	Catholic Comm. Campaign	\$ 10.00
Candles	\$ 1,773.59	Donation	\$ 40.00
Funerals	\$ 500.00	Wellness Ministry-ZUMBA	\$ 176.00
Blessings	\$ 130.00	Candles	\$ 1,629.07

**Online Giving**

Sunday Mass Offering	\$ 297.50	Repairs and Maintenance	\$ 20.00
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*Mahalo for Your Generosity!*

Please consider the Co-Cathedral of St. Theresa of the Child Jesus in your Will. For more information on Planned Giving, please do not hesitate to contact our office or the Diocese's Stewardship and Development Office" Thank you.

**Parish Staff**

**Dir. of Religious Education, Pastoral Associate**

Sr. Mercedes Estrella, SPC

**Business & Office Manager**

Raffy Mendoza

**Administrative Assistant,**

**Wedding Coordinator**

April Moses

**Dir. of Liturgy & Music**

Bernie Gora

**Dir. of Youth Ministry,**

**Asst. Dir. of Liturgy & Music**

Fay Pabo

**Social Ministry**

Pinky Mendoza

**Communications Coordinator**

Oswald Bumanglag

**Facilities & Maintenance Manager**

Anthony Navor

**Sacraments & Rites**

**Contact our parish office for more information or for scheduling an appointment:**

- Infant Baptism (Contact our office at least one month before)
- Anointing of the Sick
- Holy Communion for the sick and the homebound
- Matrimony (Contact our office ten months in advance)
- Blessings (house, vehicle, religious items)
- Funerals
- Vocation to the Priesthood or Religious

**Prayers & Faith Formation**

**Holy Rosary**

Before daily Mass & 6:15am Sun. Mass

**Religious Education**

Sundays 9:15am-10:15am

**Youth Night**

Sundays 7:00pm

**Legion of Mary**

Tuesdays 6:00pm

**Faith Sharing by Young Adults (18-34)**

Tuesdays 7:00pm

**Mother of Perpetual Help**

Wednesdays 6:00pm

**Lectio Divina**

Wednesdays 7:00pm