



# Hawaii Foodbank Inc.

## Food Assistance

Updated 3/17/2020 @ 9:29pm

### Our Mission Statement

The people of Hawaii are one ohana. The Hawaii Foodbank provides food so that no one in our family goes hungry. We work to gather food and support from our communities. We then distribute food through charitable agencies to those in need. Our mission is from the heart, and we will fulfill our mission with integrity, humanity and aloha.

The Hawaii Foodbank stores mass quantities of food in our warehouses so that it can be distributed through our 501(c)(3) non-profit partner agencies. Please see below a list of organizations that are able to help you through this difficult time (**please note that days and times may change without notice.**) *If you need general help, please call **211** and they can direct to other services.*

**Please remember to bring your own bags if possible. Carts are especially helpful when you attend the Ohana Produce Plus Program Distributions.**

### THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

#### Pantries

Location Name	Address	Area	Days of Operation	Hours of Operation
New Hope Kapolei	94-199 Leonui St. Waipahu, HI 96797	Central Oahu	3rd Saturday	8:00am - 10:00am
Aiea 7th Day Adventist Church	99-005 Moanalua Rd. Aiea, HI 96701	Central Oahu	Saturdays	8:00am - 9:00am
St Elizabeth Catholic Church	99-312 Moanalua Rd. Aiea, HI 96701	Central Oahu	Thursdays	5:00pm - 6:00pm
Our Lady Of Good Counsel Parish	1525 Waimano Home Rd. Pearl City, HI 96782	Central Oahu	Wednesdays	8:30am - 11:30am
Abundant Life United Pentecostal Church	650 Kilani Ave. Wahiawa, HI 96786	Central Oahu	First Saturday of Month	9am-12 pm
Armed Services YMCA (Wheeler)	1262 Santos Dumont, Bldg. 122 Wahiawa, 96786	Central Oahu	Monday - Friday	8:00am - 3:00pm

First Assembly of God Wahiawa	300 Wilikina Dr. Wahiawa, HI 96786	Central Oahu	Sundays	8:00am - 12:00pm (During Sunday Service)
Ne Life Body of Christ Christian Church	74 S. Kamehameha Hwy. Wahiawa, HI 96786	Central Oahu	Tuesdays & Thursdays	9:00am - 12:00pm
Our Lady of Sorrows	1403 California Ave. Wahiawa, HI 96786	Central Oahu	Last Saturday	9:00am - 11:00am
St. Stephen's Episcopal Church	1679 California Ave. Wahiawa, HI 96786	Central Oahu	Tuesdays & Fridays	9:00am - 11:00am
ALEA Bridge @ St. John Apostle & Evangelist Church	95-370 Kuahelani Ave. Mililani, HI 96789	Central Oahu	Last Tuesday	9:00am to 12:00pm
Pacific Islands Bible Church	95-075 Waikalani Dr. Mililani, HI 96789	Central Oahu	Third Saturday	9:00am - 11:00am
Trinity Church Central Oahu	95-388 Wikao St. Mililani, HI 96789	Central Oahu	Monday - Friday	10:00am
Waipahu Seventh-Day Adventist	94-902 Awanei St. Waipahu, HI 96797	Central Oahu	Sundays	2:30pm - 4:00pm
First Assembly of God - Red-Hill	3400 Moanalua Rd. Honolulu, HI 96819	Central Oahu	4th Saturday	7:00am - 10:00am
Waikiki Community Center	310 Paoakalani Ave. Honolulu, HI 96816	East Honolulu	Tuesdays	1:00pm - 3:00 pm
Waikiki Community Center @ Kapiolani Community College	4303 Diamond Head Rd., `iliahi #231 Honolulu, HI 96816	East Honolulu	Thursdays & Fridays	Thursday: 3:00 - 5:00pm Friday: 11:00am - 1:30pm
Angel Network Charities	5339 Kalaniana'ole Hwy. Honolulu, HI 96821	East Honolulu	Thursdays & Fridays	8:30am - 4:00pm
Honolulu Fil-am S.D.A Church	2232 Kanealii Ave. Honolulu, HI 96813	Honolulu	3rd Sunday	1:00pm -3:00pm
Light & Salvation Church	957 Punchbowl St. Honolulu, HI 96813	Honolulu	Wednesdays, Fridays & Sundays	Wednesdays & Fridays: 5:00pm-7:00pm Sundays: 9:00am - 10:00am
Full Gospel Of Oahu	1680 Kapiolani Blvd, Suite F9 Honolulu, HI 96814	Honolulu	Wednesdays & Fridays	6:00pm - 6:45pm

C4 (Christ Centered Community Church)	4211 Waiialae Ave. Ste 1030 Honolulu, HI 96816	Honolulu	First Friday of the month	8:30 am - 11:00 am
River of Life Mission	101 N. Pauahi St. Honolulu, HI 96817	Honolulu	2nd & 4th Friday	10:30am - 3pm
Palama Settlement	810 N. Vineyard Blvd. Honolulu, HI 96817	Honolulu	Call 808-848-2528 to set appointment the day before.	9:00am - 11:00am
Salvation Army- Family Services Office	296 N Vineyard Blvd. Honolulu, HI 96817	Honolulu	Mondays	12:30pm - 2:30pm
St Elizabeth's Episcopal Church	720 North King St. Honolulu, HI 96817	Honolulu	Monday - Saturday	Weekdays: 8:00am - 12:00pm; 2:00pm - 4:00pm Saturday: 8:00am - 12:00pm
Fountains of The Living Water	2412 Rose St., #100 Honolulu, HI 96819	Honolulu	3rd Saturday	2:00pm - 4:00pm
Kalihi Union Church	2214 North King St. Honolulu, HI 96819	Honolulu	Thursdays	10:00am - 12:00pm
Parents And Children Together- KPT Family Center	1485 Linapuni St. Suite 103 Honolulu, HI 96819	Honolulu	Mondays, Wednesdays & Fridays	8:30am - 4:00pm
Susannah Wesley Community Center	1117 Kaili St. Honolulu, Hawaii 96819	Honolulu	Tuesdays & Thursdays	12:00pm - 3:00pm
Abundant Grace Church	702 Puuhale Rd. Honolulu, HI 96819	Honolulu	Wednesdays	1:00pm - 4:00pm
Central Samoan Assembly of God	3544 Kalihi St. Honolulu, HI 96819	Honolulu	3rd Saturday	1:30pm - 3:00pm
Full Gospel Temple	2464 N School St. Honolulu, HI 96819	Honolulu	Sundays	11:45am - 12:15pm
Susannah Wesley Community Center @ KPT	1545 Linapuni St. Honolulu, HI 96819	Honolulu	Mondays, Wednesdays & Fridays	10:00am - 2:00pm
St. Pius X Parish	2821 Lowrey Ave. Honolulu, HI 96822	Honolulu	Tuesdays, Wednesdays & Fridays	10:00am - 11:30am
Parish Of St Clement	1515 Wilder Ave. Honolulu, HI 96822	Honolulu	3rd Saturday	11:30am - 12:30pm

Hawaiian Humane Society (FOR PET FOOD)	2700 Waialae Ave. Honolulu, HI 96826	Honolulu	7 days a week	M - F: 11:00am - 7:00pm Sat - Sun: 10:00am - 4:00pm Holiday hours vary
St. Mary's Episcopal Church	2062 South King St., Honolulu, HI 96826	Honolulu	Tuesday - Friday	10:00am - 12:00pm
Tenrikyo Taiheiyo Church	844 Wiliwili St. Honolulu, HI 96826	Honolulu	Last Saturday	7:30am - 8:30am
Child & Family Services	91-1841 Ft. Weaver Rd. Ewa Beach, HI 96706	Leeward Coast	Wednesdays	2:00pm - 4:00pm
Ewa Beach United Methodist Church	91-660 Pohakupuna Rd. Ewa Beach, HI 96706	Leeward Coast	2nd and 4th Wednesday of each month	8-10 a.m.
Immaculate Conception Church	91-1298 Renton Rd. Ewa Beach, HI 96706	Leeward Coast	1st & 3rd Friday	5:00pm - 6:00pm
Our Lady of Perpetual Help	91-1004 North Rd. Ewa Beach, HI 96706	Leeward Coast	Last Friday	9:00am - 11:00am
St. Jude Food Pantry	92-455 Makakilo Dr. Kapolei, HI 96707	Leeward Coast	Tuesdays and Thursdays	3:30pm - 4:30pm
Paradise Chapel	87-125 Maipalaoa Rd. Waianae, HI 96792	Leeward Coast	3rd Tuesday	7:00am - 10:00am
Waianae Baptist Church	85-131 Ala Hema St. Waianae, HI 96792	Leeward Coast	Wednesdays	9:00am - 12:00pm
Ka Hana O Ke Akua UCC	86-311 Lualualei Homestead Rd. Waianae, HI 96792	Leeward Coast	On call 7 days a week by appt. 696-5652	6:00am - 10:00pm
Nanaikapono Protestant Church	89-235 Pua Ave. Waianae, HI 96792	Leeward Coast	Mondays	7:00am - 10:00am
Jesus Is Alive Fellowship	66-405 Waialua Beach Rd. Haleiwa, HI 96712	North Shore	Sundays	2:30pm - 3:30pm
Private Sector Hawaii	59-495 Alapio Rd. Haleiwa HI 96712	North Shore	Call for Monday Delivery (808) 638- 9627	1:00pm - 5:00pm (Delivery Time)
Sunset Beach Christian Church	59-578 Kamehameha Hwy. Haleiwa, HI 96712	North Shore	Tuesdays	12:00pm - 3:00pm

St. Michael Parish Outreach	67-340 Haona St. Waialua, HI 96791	North Shore	Mondays	8:30am - 11:00am
St. Anthony's Church	114 Makawao St. Kailua, HI 96734	Windward Coast	Tuesdays & Thursdays	9:00am - 12:00pm
Armed Services YMCA (MCBH)	455 Bingham Way Kailua, HI 96734	Windward Coast	Monday - Friday	7:30am - 3:30pm
Central Union Windward	38 Kaneohe Bay Dr. Kailua, HI 96734	Windward Coast	Wednesday	10-11:30
KEY Project	47-200 Waihee Rd. Kaneohe, HI 96744	Windward Coast	Monday - Friday	9:00am - 3:00pm
Our Lady of Mount Carmel Church	48-422 Kamehameha Hwy. Kaneohe, HI 96744	Windward Coast	4th Tuesday	12:00pm - 1:00pm
Saint Mark Lutheran Church	45-725 Kamehameha Hwy. Kaneohe, HI 96744	Windward Coast	Saturday	8:00am - 10:00am
St. Ann Project Share	46-129 Haiku Rd. Kaneohe, HI 96744	Windward Coast	Monday - Friday	1:00pm
The Salvation Army - Kaneohe	45-175 Waikalua Rd. Kaneohe, HI 96744	Windward Coast	Tuesdays	9:00am - 12:00pm
Windward Baptist Church	47-528 A Kamehameha Hwy. Kaneohe, HI 96744	Windward Coast	Monday - Friday	12:00pm - 1:00pm
South Shore Christian Fellowship	41-539 Makakalo St. Waimanalo, HI 96795	Windward Coast	Sundays	9:00am - 12:00pm
St. Matthew's Kokua Food Basket	41-054 Ehukai St. Waimanalo, HI 96795	Windward Coast	Every Wednesday	5:00pm
Wahiawa 7th Day Adventist Church	41-592 Poalima St. Waimanalo, HI 96795	Windward Coast	Last Sunday	9:00am - 11:00am
Waimanalo 7th Day ADV Church	41-592 Poalima St. Waimanalo, HI 96795	Windward Coast	Wednesdays	9:00am - 10:00am

### Meal Programs

Location Name	Location	Area	Days of Operation	Hours of Operation
St Timothy's Episcopal Church	98-939 Moanalua Rd. Aiea, HI 96701	Central Oahu	2nd & 4th Tuesday	5:00pm - 6:30pm
First Assembly of God Wahiawa	300 Wilikina Dr. Wahiawa, HI 96786	Central Oahu	Every Sunday after each service First service at 8:00 am Second service at 10:15 am	After first service 10:00am - 10:30am After second service 12:00pm - 12:30pm
Institute for Human Services	546 Kaaahi St. Honolulu, HI, 96817	Honolulu	Daily	Breakfast: 7am – 7:45am Lunch: 12pm – 12:45pm Dinner: 6pm – 6:45pm
River of Life Mission	101 N Pauahi St. Honolulu, HI 96817	Honolulu	Monday - Friday	Breakfast 8:00am - 10:30am Lunch 12:30pm - 2:30pm Dinner 7:00pm - 8:00pm.
Salvation Army: Camp Homelani @ Kauluwela Corps	296 N Vineyard Blvd. Honolulu, HI 96817	Honolulu	Sunday	7:30pm
St Elizabeth's Episcopal Church	720 N King St. Honolulu, HI 96817	Honolulu	Tuesday	10:30am - 12:00pm

### Mass Distributions – Ohana Produce Plus Program

Distribution Site Name	Address	Area	Distribution Date	Sign In	Distribution Time
CCPH @ Pearl City Community Church	933 Lehua Ave. Pearl City, HI 96782	Central Oahu	Last Saturday		8:00am
Armed Services YMCA Schofield/Wheeler	1262 Santos Dumont Wahiawa, HI 96706	Central Oahu	4th Monday		12:30pm - 2:30pm
CPM @ Life More Abundantly Island Church	321 N. Cane St. Wahiawa, HI 96786	Central Oahu	1st Saturday		11:30am
First Assembly of God Wahiawa	300 Wilikina Dr. Wahiawa, HI 96786	Central Oahu	4th Saturday		8:00am - 11:00am
Lighthouse Outreach Center	94-230 Leokane St. Waipahu, HI 96797	Central Oahu	Every Tuesday & Friday		10:00am - 12:30pm

First Assembly of God Red-Hill	3400 Moanalua Rd. Honolulu, HI 96819	Central Oahu	4th Saturday		7:30am - 9:30am
Armed Services YMCA JBPHH	1260 Pierce St., Suite 145 JBPHH, HI 96860	Central Oahu	Last Wednesday		1:30pm
Mutual Housing @ Palolo Homes	2170 Ahe St. Honolulu, HI 96816	Honolulu	2nd & 4th Wednesday	11:00am	11:30am - 2:30pm
Calvary Assembly of God	961 Io Ln. Honolulu, HI 96782	Honolulu	3rd Friday	9am - 1pm	3:00pm
Hawaii Cedar Church	1545 Kamehameha IV Rd. Honolulu, HI 96819	Honolulu	Every Wednesday	10:00am	12pm - 3:00pm
Angel Network Charities	5339 Kalaniana'ole Hwy. Honolulu, HI 96821	Honolulu	1st & 3rd Thursday		1:00pm - 3:00pm
Institute For Human Services	350 Summer St. Honolulu, HI 96821	Honolulu	Last Thursday		1:00pm - 3:00pm
King's Cathedral Oahu	549 Halemaumau St. Honolulu, HI 96821	Honolulu	1st Friday	11:00am	12:00pm - 3:00pm
CPM @ Ewa Beach United Methodist Church	91-660 Pohakupuna Rd. Ewa Beach, HI 96706	Leeward Coast	Last Tuesday	10:00am	11:30am - 12:30pm
Message of Peace Ministry	91-429 Fort Weaver Rd. Ewa Beach, HI 96706	Leeward Coast	3rd Saturday	9:00am - 10:00am	12:00pm
Nanaikapono Protestant Church	87-2070 Farrington Hwy. Waianae, HI 96792	Leeward Coast	1st Saturday		8:00am - 10:00am
CPM @ Kaupuni Neighborhood Park	85-1288 Punanaula St. Waianae, HI 96792	Leeward Coast	1st Friday	10:30am	1:15pm - 2:00pm
Hawaii Cedar Church Waianae Farm	85-596 Waianae Valley Rd. Waianae, HI 96792	Leeward Coast	2nd Friday		12pm - 3:00pm
Nanaikapono Protestant Church	89-235 Pua Ave. Waianae, HI 96792	Leeward Coast	4th Saturday	8:30am	10:00am
Sacred Heart Church Waianae	85-786 Old Government Rd. Waianae, HI 96792	Leeward Coast	1st & 2nd Tuesday		10:00am - 3:00pm
WCCF @ Villages of Maili	87-576 Kulauapuni St. Waianae, HI 96792	Leeward Coast	2nd Thursday	9:00am - 10:30am	9:00am - 2:00pm
OAMC @ Waialua Community Association	66-434 Kamehameha Hwy. Haleiwa, HI 96712	North Shore	1st Wednesday		9:00am - 2pm
Hui O Hauula @ Hauula Beach Park	54-135 Kamehameha Hwy. Hauula, HI 96717	Windward Coast	1st Monday		11am - 2pm

Hope Chapel Kahuku @ Kahuku Medical Center - Trailers	56-117 Pualalea St. Kahuku, HI 96731	Windward Coast	4th Monday		3:30pm - 5:30pm
Key Project	47-200 Waihee Rd. Kaneohe, HI 96744	Windward Coast	1st Tuesday		2:00pm - 4:00pm
DCIA @ Waimanalo District Park	41-415 Hihimanu St. Waimanalo, HI 96795	Windward Coast	1st, 3rd Monday	1:00pm	2:00pm - 4:00pm
St. George Catholic Church	41-1323 Kalaniana'ole Hwy. Waimanalo, HI 96795	Windward Coast	1st Thursday		2:00pm - 4:00pm



**O'AHU HOMELESS HELP CARD**

Information provided by Partners In Care Hawai'i  
Produced as a service of the City & County of Honolulu

**GENERAL HELP**

Aloha United Way ([auw211.org](http://auw211.org)) 211

**CRISIS (24 HOURS)**

Crisis Line of Hawai'i 832-3100  
Domestic Violence Crisis Line 266-7233

**ABUSE (CHILD/SPOUSE/ADULT)**

Adult Protective Services (*weekdays*) 832-5115  
Child Protective Services (*24 hour*) 832-5300  
Domestic Violence Action Center 531-3771  
Toll Free (*all islands*) 800-690-6200  
Domestic Violence Hotlines  
Town/Leeward (*CFS*) 841-0822  
Windward (*PACT*) Hotline/  
Crisis Counseling 526-2200  
Family Peace Center (*PACT*) 832-0855  
Sex Abuse Treatment Center 524-7273

**DISPUTE RESOLUTION**

The Mediation Center of the Pacific 521-6767

**DOMESTIC VIOLENCE SHELTERS**

Child & Family Services 841-0822  
PACT 'Ōhi'a Shelter 526-2200

**Ko'olauloa Health Center**

Hau'ula 293-9216  
Kahuku 293-9231  
Dental 293-2537  
Wai'anae Coast Comprehensive 697-3300  
Waikiki Health 922-4787  
Waimanalo Health Center 259-7948

**MENTAL HEALTH**

24-Hour Suicide Crisis Line 832-3100  
Catholic Charities Hawai'i Counseling Center 527-4470

**Dept of Health, Mental Health Clinics:**

Adult MH Division Eligibility Line 643-2643  
East Honolulu Trtmt Svc Section 733-9260  
West Honolulu Trtmt Svc Section (*adults*) 832-5800  
Kāne'ohe (*adults*) 233-3775  
Central O'ahu Fam Guide Ctr (*Kāne'ohe*) 233-3770  
Central O'ahu Trtmt Svc Section 453-5950  
Central O'ahu Fam Guidance Ctr (*Pearl City*) 453-5900  
Honolulu Fam Guidance Center 733-9393  
Leeward O'ahu Fam Guid Center 692-7700  
Hale Na'a'u Pono – Wai'anae 696-4211  
Helping Hands Hawai'i 440-3825  
Hope Treatment Services 638-4555  
IHS, Institute for Human Services 447-2924

Windward Spouse Abuse Shelter 528-0606

**LANGUAGE NEEDS**

Bilingual Access Line (*Interpreter Services*) 526-9724

**ALCOHOL/DRUG**

Alcoholics Anonymous 946-1438  
Champ Clinic 426-4515  
Hawai'i Health and Harm Reduction Center (*HHHRC*) 521-2437  
Ku Aloha Ola Mau 538-0704  
Habilitat, Inc 800-872-2525  
Hale Na'a'u Pono 696-4211  
Hina Mauka Kāne'ohe 236-2600  
Hina Mauka Waipahu (*outpatient*) 671-6900  
Ho'omau Ke Ola 696-4266  
Narcotics Anonymous 734-4357  
Po'aiani 263-3500  
Salvation Army Detox (*ATS*) 595-5819  
Salvation Army Family/Women (*FTS*) 732-2802  
Salvation Army Adult Males (*ATS*) 595-6371  
Salvation Army (*ARC*) 808-522-8400  
Sand Island Treatment Center 841-3915  
Women In Need (*Intensive Outpatient Program for Women & Men*) 486-1996

Kahi Mohala Behavioral Health 671-8511  
North Shore Mental Health 638-8700  
Safe Haven, Mental Health Kōkua 524-7233

**PET SERVICES**

Hawaiian Humane Society Animal  
Emergency/Stray Pick Up 356-2250  
Pet Spay/Neuter or Surrender 356-2285

**RENTAL ASSISTANCE**

Catholic Charities Hawai'i 521-4357  
Institute for Human Services (*IHS*) 447-2844 and 447-2806

**SHELTER: EMERGENCY**

Family Promise (*families*) 548-7478  
Hale Kipa (*youth <18*) 754-9844  
IHS (*men*) 447-2900  
IHS (*women and families*) 447-2800  
IHS Hale Mauiola Sand Island  
Navigation Center (*Pet Friendly*) 744-4492  
Kealahou West O'ahu – Onelau'ena 782-4342  
Next Step Shelter (*Waikiki Health*) 585-8800  
Pai'olu Kaiāulu, U.S. VETS  
Wai'anae Civ. Center (*Pet Friendly*) 664-1400  
RYSE (*Youth ages 18-24*) 498-5180  
Shelter of Wisdom (*Men*) 619-363-3365

**STATE DHS BENEFITS: APPLICATION UNITS**

Hawai'i Public Housing Authority  
Applications Office 832-5961  
(*TANF, GA, Medicaid & SNAP*)  
Kapolei Processing Center 692-8384  
(*For Kapolei, Waipahu*)  
Ko'olau Processing Center (*Luluku*) 233-5325  
(*For Kailua, Kāne'ohe, Waikalua, Windward*)  
(*Not for New Applications*)  
Ko'olau Processing Center (*Waikalua*) 233-3621  
(*New Applications Only*) (*Windward side*)  
KPT Processing Center 832-3822  
(*For Kalihi, Kuakini, Nu'uuanu*)  
OR&L Processing Center 586-8047  
(*For Iwilei, Pālama*)  
Pohulani Processing Center 587-5283  
(*For Kina'u, Moanalua, Pāwā'a, Pūnāwai*)  
Wahiawa Processing Center 622-6315  
Wai'anae Processing Center 697-7881  
(*For Ka'ala, Wai'anae*)  
Waipahu Processing Center 675-0052  
(*For Waikēle, Kapālama*)

**SHELTER: TRANSITIONAL**

Alternative Structures (*Wai'anae – families*)  
'Ōhana Ola O Kahumana 696-4095  
Catholic Charities Mā'i'i Lnd (*families*) 696-4885  
Gregory House (*HIV*) 592-9022  
Hale Kipa (*youth 18 to 22*) 284-2079  
Hale Ulu Pono 682-4466  
Holomua Nā 'Ōhana (*families*)  
Weinberg Village Waimānalo 259-6658  
Housing Solutions, Inc. 973-0050  
Kulaokahu'a – Seniors (*Not for Applications*) 599-5759  
Na Kolea – Singles (*Not for Applications*) 946-8063  
Sea Winds – Single, Couples, Families 696-0061  
Kealahou West O'ahu – Onemalu (*families*) 682-5868  
Kumuhonua (*HCAP*) 682-5494  
RYSE (*Youth ages 18-24*) 498-5180  
Safe Haven, Mental Health Kōkua 524-7233  
Women In Need (Women & Children) 486-1996

**OUTREACH/DROP IN CENTERS**

ALEA Bridge 379-2532  
HawaiianHope.org • Internet Cafe – Wai'anae 352-8800  
IHS, Institute for Human Services 447-2929  
Kealahou West O'ahu 696-5667  
KPHC, Healthcare for the Homeless Project 791-6370

**EDUCATION**

Homeless Concerns Office, DOE (*toll free*) 1-866-927-7095

**EMPLOYMENT**

Alu Like – Dept. of Employment and Training 535-6750  
American Job Center (*Dillingham*) 768-5701  
Catholic Charities Hawai'i Homeless Veterans Reintegration Program 521-4357  
Division of Vocational Rehabilitation 586-5164  
Economic Development Center (*PACT*) 842-7093  
Goodwill Industries of Hawai'i 483-7172  
HCAP Senior Employment 521-4531  
HI Disability Rights Center (*Ticket to Work*) 949-2922  
HI State Unemployment Office 586-8970  
IHS Hele2Work 447-2912  
Network Enterprises, Inc 521-7774  
Rent to Work 768-5727  
U.S.VETS (*Employment Assistance/Veteran Services*) 330-5566

**FOOD**

Helping Hands Hawai'i, Community Clearinghouse (*One Time/Emergency Needs*) 440-3800  
River of Life Mission 524-7656  
Salvation Army (*Family Services*) 841-5565  
Call 211, check w/ outreach agencies or churches

Legal Aid Society of Hawai'i 536-4302  
Living the Word 834-2823  
RYSE (*Youth ages 18-24*) 498-5180  
Safe Haven, Mental Health Kōkua 524-7233  
Salvation Army (*Fam. Services Office*) 841-5565  
SNAP 440-3832  
Wai'anae Coast Comp Health Center 697-3586  
U.S.VETS (*Available to All*) 282-0554, 630-0771  
Youth Outreach (*YOI*) 942-5858

**VETERANS' SERVICES**

2nd Chance Group Home LLC  
Females 554-9950  
Males 354-2098  
Catholic Charities Hawai'i Supportive Services for Veteran Families (*SSVF*) 521-4357  
Cloudbreak Hawai'i, LLC Permanent Housing (*Service Enriched Affordable Housing for Veterans*) 682-1949  
Hawai'i Vet 2 Vet Inc. 457-7027  
IHS Veteran Support Program 447-2916  
Network Enterprises, Inc. (*employment*) 521-7774  
U.S.VETS (*outreach, housing, support*) 672-2977, 630-0771, 282-0554  
VA Health Care for the Homeless (*outreach, medical, & mental health services*) 433-0357

**HEPATITIS B&C**

Hep Free Hawai'i 436-5884

**HIV/AIDS**

Gregory House Programs 592-9022  
Hawai'i Health and Harm Reduction Center (*HHHRC*) 521-2437  
Waikiki Health 922-4787

**HYGIENE SERVICES**

HiEHiE (*Mobile Showers/Restrooms*) 201-3937  
Pūnāwai Rest Stop (*Laundry & Showers*) 599-9750  
Revive + Refresh (*Mobile Hygiene Center*) 779-6738  
River of Life Mission 524-7656  
Safe Haven 524-7233

**LEGAL**

Community Outreach Court 347-2251  
Legal Aid Society of Hawai'i 536-4302  
Volunteer Legal Services Hawai'i 528-7046

**MEDICAL CARE**

Aloha Medical Mission Clinic-Dental 847-3400  
Hawai'i HOME Project 223-8859  
KPHC, Healthcare for the Homeless Project 791-6342  
Hawai'i Health and Harm Reduction Center (*HHHRC*) 521-2437  
Joint Outreach Center (*JOC*) 545-3694  
Kōkua Kalihī Valley 791-9400

VA Call Center (*SATP, MH, & Medical Appointments*) 1-800-214-1306

Veterans Suicide Hotline 1-800-273-8255

**NOTES**

Shelf-Stable Foods	Shelf Life After Code Date
<b>Baby Food</b>	
Cereal: dry mixes	Expiration date on package
Food in Jars, cans	Expiration date on package
Formula	Expiration date on package
Juice	1 year
<b>Canned Food</b>	
Beans	3 years
Fish: salmon, tuna, sardines, mackerel	3 years
Frosting, canned	10 months
High-acid foods	
- fruit (including applesauce, juices)	} 1-2 years
- pickles, sauerkraut	
- baked beans w/mustard/vinegar	
- tomatoes, tomato-based soups & sauces	
Low-acid foods	
- gravy, soups/broths that aren't tomato-based	} 2-3 years
- pasta, stews, cream sauces	
- vegetables (not tomatoes)	
Meat: beef, chicken, pork, turkey	2-3 years
Pie filling	3 years
<b>Condiments, Sauces, Syrups</b>	
UHT milk	
Broth: beef, chicken or vegetable	
Soup	
Fruits	
Vegetables	
<b>Condiments, Sauces, Syrups</b>	
Barbeque sauce (bottled)	1 year
Frosting, canned	10 months
Gravy (dry mix envelopes)	2 years
Honey	2 years --remains safe after crystallization. To use, simply immerse closed container in hot (not boiling) water until honey liquifies
Jams, jellies, preserves	18 months
Ketchup, cocktail, or chili sauce: jar, bottle, or packet	18 months
Mayonaise, jar, bottle or packet	3-6 months
Molasses	2 years
Mustard: jar, bottle or packet	2 years
Olives	18-24 months
Pickles	1 year canned 2 years, jarred--discard if inside of lid is rusty open opening
Salad dressings: bottled	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
<b>Condiments, Sauces, Syrups (continued)</b>	
Spaghetti sauce, canned	18 months
Spaghetti sauce, jarred	18 months
Syrup, chocolate	2 years
Syrup, corn	2 years
Syrup, pancake	2 years
Vinegar	2 years
Worcestershire sauce	2 years
<b>Dry Goods</b>	
Baking Mix, pancake	9 months
Baking mixes (brownie, cake, muffin, etc.)	12-18 months
Baking powder	18 months
Baking soda	indefinite if kept dry
Beans, dried	1 year
Bouillon: beef or chicken	12-24 months
Bouillon: vegetable	12-24 months
Bread , commercially prepared (including rolls)	3-5 days
Cakes, commercially prepared	3-5 days at room temp 3 months stored frozen
Candy (all, including chocolate)	9 months, caramel 18 months, chocolate 36 months, hard candy
Casserole Mix	9-12 months
Cereal, cold	1 year
Cereal, hot	1 year
Cookies	4 months
Cornmeal	1 year at room temp 2+ years frozen
Crackers	8 months Except graham crackers, 2 months
Flour, white (all purpose or cake)	1 year
Flour, whole wheat	6 months (keeps longer if refrigerated or frozen)
Fruit, dried	6 months (keeps longer if refrigerated or frozen)
Macaroni and Cheese, mix	6-12 months
Nuts, out of shell	6-12 months, bagged 12-24 months, canned
Nuts, in shell	6-12 months, bagged 12-24 months, canned
Oatmeal	12 months
Oil, olive, vegetable , salad	6 months
Pasta, dry (egg noodle)	2-3 years
Pasta, dry (no egg)	2-3 years
Peanut Butter	18 months
Popcorn, kernels	2 years
Popcorn, commercially popped and bagged	2-3 months
Popcorn, microwave packets	1 year

Shelf-Stable Foods (continued)	Shelf Life After Code Date
<b>Dry Goods (continued)</b>	
Potatoes, mashed, instant flakes	1 year
Pretzels	6-8 months
Pudding, prepared/shelf stable	1 week
Rice, brown	1 year
Rice, white	2 years
Rice-based mixes	6 months
Shortening, vegetable	8-12 months
Spices	up to 4 years, whole spices up to 2 years, ground spices Spices lose flavor over time but remain safe to use indefinitely
Stuffing mix	9-12 months
Sugar, brown (light or dark)	18 months
Sugar, confectioners	18 months
Sugar, white	2+ years
Sugar substitute	2 years
Toaster pastries	6 months, fruit 9 months, no fruit
Tortillas	3 months, shelf or refrigerator 6 months, freezer Do not use if they develop mold or harden
<b>Shelf -Stable Beverages</b>	
Cocoa Mixes	36 months
Coffee Creamer, liquid shelf stable	9-12 months
Coffee creamer, powdered	2 years
Coffee, ground	2 years
Coffee, instant	1-2 years
Coffee, whole bean	1 year, vauum packed
Instant breakfast	6 months
Juice, bottle, shelf-stable	9 months
Juice, box	4-6 months
Juice, canned	18 months
Juice concentrate, shelf-stable	
Milk, evaporated	1 year
Milk, non-fat dry	1 year
Milk-shelf stable UHT	6 months
Milk, sweetened condensed	1 year
Nutrional aid supplements (Boost, Ensure, etc.)	1 year
Rice milk, shelf stable	6 months
Carbonated beverages (soda/seltzer water)	3 months, bottles (all) 3 months, diet (cans) 9 months, regular soda or seltzer (cans)
Soymilk, shelf stable	6 months
Tea, bagged	18months
Tea, instant	3 years

Shelf-Stable Foods	Shelf Life After Code Date
Shelf -Stable Beverages (continued)	
Water	indefinite: store in cool, dark place away from chemicals
Water, flavored	indefinite: store in cool, dark place away from chemicals